

PENLAND GALLERY

SARABETH POST

Turtle Creek, PA

GLASS | Flameworking and glassblowing

Penland Affiliation | Penland Core Fellow 2019 - 2021, Penland Studio Assistant

Artist Information | Studio artist; education: BFA in 3D Studios Concentrating in Glass, University of Louisville, Louisville (KY); exhibitions: 2020 *Time and Again: Glass Works by Kit Paulson and SaraBeth Post*, WCU Bardo Fine Arts Museum (NC), 2019 *Glasswork*, Cultural Arts Building Gallery at UNCW (NC), 2018 *Winter Show*, GreenHill Center for NC Art (NC), *One of a Kind 28th Anniversary Gala*, Kittrell Riffkind Art Glass Gallery (TX)

Artist Bio | SaraBeth Post completed the Core Fellowship at the Penland School of Craft in 2021, and has set up her studio practice in Turtle Creek, Pennsylvania. Her primary medium is glass but enjoys venturing into metals and mixed media. In 2015, SaraBeth earned her BFA in 3D Studios concentrating in glass with a creative writing minor at the University of Louisville in Kentucky.

Ultra Lit is her small batch production glass company. They offer handblown and engraved cups, plates, and decor for the home in addition to flameworked and coldworked glass jewelry. They run a small metalsmithing and flameworking studio and rent hot shop time at the Pittsburgh Glass Center.

Artist Statement | *My mission is a constant act to heal others and myself. When we are forced into uniforms or pushed to strive towards becoming something that doesn't ring true with our personal identity, the light of expression can be dimmed. The things that my hands create are moments reaching out to touch and brighten an internal flame. Your light is lit, I urge you to be ultra lit.*